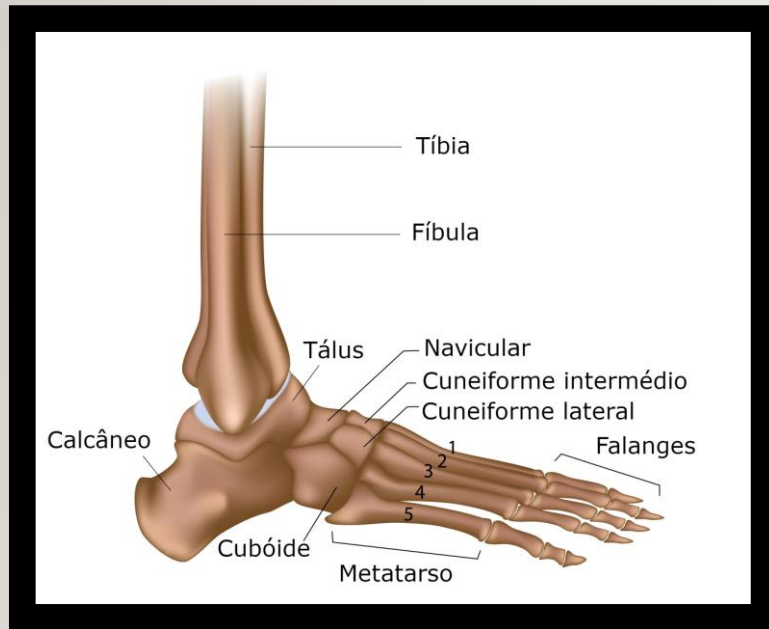




**INNOVATIVE DEVICE FOR THE TREATMENT OF METATARSUS ADDUCTUS
(CROOKED FOOT)**

FOOT DEFORMITIES



The metatarsal bones are a group of five long bones that run longitudinally from the central section of the human foot to the toes. Metatarsus adductus (or MTA)

UNFO



The **U**niversal **N**eonatal **F**oot **O**rthotic (**UNFO**) is a pre-molded corrective shoe with velcro strips that was specifically designed to treat the metatarsal adductus (MTA) in newborns

UNFO



- **COLORS:** Blue / Orange / Pink
- **SIZE:** 7-9 cm / 8-10 cm
- **SIDE:** Right / Left / Pair

PROTOCOL FOR UNFO TREATMENT

➤ It depends on the severity of the case the orthopedist will decide how long to use the device for treatment:

- ✓ 6 to 8 weeks 24 hs +
- ✓ 6 to 8 weeks only at night
- 1^o and 2^o days – removes every 2 hours for 10 minutes during the day and night only if there is crying related to use
- ✓ 1^o checkout – 2 weeks after using 24 hours
- ✓ 2^o checkout – 6 weeks after using 24 hours
- ✓ 3^o checkout – depends on the result of the treatment

ADDITIONAL INFORMATION

- Literatura disponível no site: <https://www.unfo-med.com/metatarsus-adductus-articles/>
- Treatment should be done on newborns from 3 to 9 months (the sooner the better) always using plain cotton socks
- Remote treatment can be done where the doctor guides the parents in placing and monitoring the treatment